



A dance, step and fitness fusion class blending a range of dance and aerobic movements accompanied by soca, calypso, reggae, jungle, funk and soul tracks.

This vibrant dance and fitness workout will allow you to burn those calories, tone your body and have fun!

"Dance is the key of life"

TO BE HELD AT CARNEGIE COMMUNITY HUB

THURSDAY 15TH AUGUST 1-4PM

Carnegie Library Herne Hill Road SE24 0AG

CONTACT US

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Carnegie Community Trust CIO
Charity Registration Number: 1164005

MADAME BELL DANCE WORKSHOP

Madame Bell, is an authentic and natural dancer with 10 years experience of stage and off-stage performance and performing.

Madame Bell teaches a range of dance styles in a fun, enjoyable but disciplined way. This workshop will give you the opportunity to experience a fusion of dance moves in the genres of contemporary, Latin, street and African-Caribbean dance style.